Greenwich time (GMT)			Video conference links
Wednesday 24th of November, 2021			
14:00-14.10	**Opening and welcome to the symposium 2021**		
14.10-.14.45	**Key note speaker: Mark S. Young In search of the redline: perspectives on mental workload and the 'underload problem'**		
14:50-15.10	**Session 1: mental workload during COVID19 qualitative studies**	**Chair: Maria Chiara Leva**	
		Suzanne Kelly	The Health Impact Of Remote Work During The Covid-19 Pandemic: A Quick Workload Snapshot From A Holistic Approach
15:10-15:30		Robert Houghton, Dalia Lister and Arnab Majumdar	Examining Cognitive Workload during Covid-19: A Qualitative Study
15:30-15:40	**coffee break**		
		Chair: Ivan Gligorijevic	
15.40- 16.00	**Session 2: Mental Workload Models and further developments**	Aidan Byrne	Radical Connectionism – Implications for Mental Workload Research
16:00-16:20		Luca Longo	A novel parabolic model of instructional efficiency grounded on ideal mental workload and performance
16:20-16.50		Luka Bojović, Miloš Pušica, Aneta Kartali, Kosta Jovanović, Jelena Jovanovic and Bogdan Mijović	Towards real-time Mental Workload Assessment from EEG using Convolutional Neural Networks
16:50-17.10		Kunjira Kingphai and Yashar Moshfeghi	The effect of EEG preprecessing for mental workload level classification using deep learning models
17.10-17.15	**Closing of the first day of conference**		
Thursday 25th of November, 2021			
09:00-09:10	**Opening of the second day of conference**		
09:10-09:40	**Invited Speaker: Jasmine Tan**	**Mental workload during the flow experience**	
		Chair: Luca Longo	
09:40-10.00	**Session 3: mental workload and well being**	Jing Zhang, Andrew P Smith	A new perspective on the effects of different types of workload on the well-being of a sample of Chinese workers
10.00-10:20		Jialin Fan, Juqing Liu and Andrew Smith	Effects of perceptions of information overload, noise and environmental demands on wellbeing and academic attainment
10:20-10:40		Hasah Alhenieidi and Andrew P Smith	Exploring the Influence of Information Overload, Internet Addiction, and Social Network Addiction, on Students' Well-being and Academic Outcomes
10:40-11:00		Andrew Smith	A combined effects approach to the Demands-Resources-Individual Effects (DRIVE) model of workload and well-being
11:00-11:20	**Coffee break**		
		Chair: Andrew Smith	
11:20-11:40	**Session 4: mental workload in transport**	Mário H. C. da Silva, Thiago F. Macêdo, Cinthia C. Lourenço, Ivan S. Rehder, Ana A. C. Marchiori, Mateus P. Cesare, Raphael G. Cortes,	Mental Workload Verification in Military Pilots Using Flight Simulators and Physiological sensors
11:40-12:00		Bojana Bjegojevic, Maria Chiara Leva and Nora Balfe	Objective Indicators of Train Drivers' Attention, Mental Workload, and Performance: A Rev
12:00-12:20		Bilal Khan, Maria Chiara Leva and Sam Cromie	A systematic review of older drivers in a level 3 autonomous vehicle: A cognitive load perspective
12:20-12:40		Maria Gabriella Pediconi, Michela Brunori and Glauco Maria Genga	INSIGHT AND SHARED RESILIENCE IN THE SKY How military pilots' master the unexpected from a dynamic perspective
12:40-13:40	**lunch break**		
13:40-14:30	**Panel Discussion: Andrew Batty, Fiona Cayzer and Jake Green BEA Systems UK**	**Management of Operator Workload in Unmanned Aerial Systems, from Past to Future**	
14:30-14:45	**coffee break**		
		Chair: Enrique Muñoz-de-Escalona	
14:45-15:00	**Session 5: mental workload and other applications**	José Juan Cañas, Enrique Muñoz-de-Escalona and Jessica Morales-Guaman	Fundamental frequency as an alternative method for assessing mental fatigue of distance learning teachers
15:00-15:20		Bojana Jankovic and Matteo Venerucci	Exploratory study of relation between valence and cognitive load in differently experienced gamers (Applications to industry?)
15:20-15:40		Maria Chiara Leva, Hector Diego Estrada-Lugo, Aoife Burns, Gernot Stübl, Thomas Hoch and Gerald Czech	Teamwork between humans and AI informed automation: mental workload as a performance indicator
15:40-16:00		Hector Diego Estrada Lugo and Maria Chiara Leva	Mental workload influence on human reliability during crisis management for system resilience
16:05-16.20	**Panel and community discussion:**	**Future Directon for H-workload symposium Future editions**	
16:20	**Closing of the conference + AWARDS + online social gathering**		